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# Listening and Reading: Essential Skills



Basic

## Listening and Reading (Essentials for Beginners) α

### Contents

#### Lesson 1 Introductions

Simple self-introductions; learn course vocabulary, instructions, and in-class task types

#### Lessons 2 & 3 Meeting People

Listen to descriptions of people: meeting people at university club or part-time job, famous people around the world. Read about meeting people: email from exchange student, tips for meeting someone for the first time.

#### Lessons 4 & 5 Free time and plans

Listen to conversations about free time activities and plans. Read about benefits of hobbies and different styles of traveling.

#### Lessons 6 & 7 Places and events

Listen to conversations about various places, events, and festivals. Read campground rules and descriptions of guided tours

#### Lessons 8 & 9 Food and eating

Listen to conversations about various foods, tastes, and eating habits. Read about food and eating: healthy diet, ways to reduce food waste, restaurant review.

#### Lessons 10 & 11 University Life

Listen to a conversation about various issues related to university life: making friends, missing assignment deadlines, choosing classes, changing majors. Read about staying focused in online lesson, benefits of studying abroad, introduction of a foreign university.

#### Lessons 12 & 13 Shopping

Listen to a conversation about shopping: choosing, buying, selling, and returning products, online shopping vs face-to-face shopping. Read about ethical shopping, different styles of shops, and cashless society.

#### Lesson 14 Final exam



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## **Listening and Reading (Essentials for Beginners) $\beta$**

### Contents

#### Lesson 1 Introductions

Simple self-introductions; learn course vocabulary, instructions, and in-class task types

#### Lessons 2 & 3 Sociology

Listen to talks on people discussing friendship and relationships and professional opinions and readings on how and why people find someone though dating & marriage.

#### Lessons 4 & 5 Cultural studies

Listen to and read information on how other cultures give gifts and why; how they greet and the words they use or do not use; study cultural values.

#### Lessons 6 & 7 Psychology

Listen to and read information about fashion and trends – How society thinks, acts, and looks.

#### Lessons 8 & 9 Health

Listen to and read information on diet, exercise, and science – the modern lifestyle

#### Lessons 10 & 11 Environment:

Listen to and read information on how using Green Energy can save the world

#### Lessons 12 & 13 Ambition and Motivation:

Listen to and read information on how people become successful in many different ways.

#### Lesson 14 Final exam